

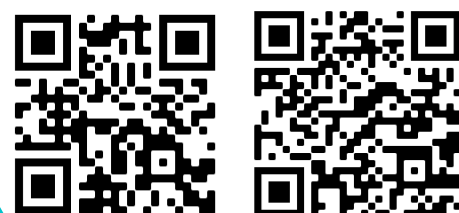
Tips for ME Quals

1. Start studying early (give yourself at least two months) and make sure to incorporate frequent breaks.
2. Talk to your advisor about expectations around time spent doing research, doing classwork and studying for qualifying exams (priority).
3. Get involved with your study group! Keep each other accountable and set times to meet.
4. Do as many (timed) mock orals and practice exams as you possibly can. Also, keep an eye out for MEGA Mock Orals!
5. Professors are willing to help you. Request to meet with them if you have problems, concerns or questions.
6. There are many students who have passed quals, do not hesitate to reach out to them, ask for advice and do practice orals.
7. Don't be scared and don't panic! Treat it as a normal exam that you just need more preparation for.
8. Make a detailed quals schedule and commit to it. Be sure to include mental health/self care in your schedule commitments and have an accountability partner.
9. Remember that qualifying exams test (graduate level) understanding of undergraduate materials.
10. Keep an eye out for MEGA Quals events! You've got this!

Tips brought to you by MEGA and
the ME Grad Student Mental
Health Committee

Find out more about us at:

mega.me.gatech.edu
sites.gatech.edu/megradmentalhealth



Good Luck!